

Day 1

S.O.A.P. – “Scripture, Observation, Application, Prayer” Conversation Starter

The song “Fix My Eyes,” by [For King and Country](#) says, “I learned the lines and talked the talk, but the road less traveled is hard to walk. It takes a soldier who knows his orders to walk the walk I’m supposed to walk.” When God calls you to something, what is your usual response?

Scripture Observation (5 minutes)

Scripture:

The Lord gave this message to Jonah son of Amittai: “Get up and go to the great city of Nineveh. Announce my judgment against it because I have seen how wicked its people are.” But Jonah got up and went in the opposite direction to get away from the Lord. He went down to the port of Joppa, where he found a ship leaving for Tarshish. He bought a ticket and went on board, hoping to escape from the Lord by sailing to Tarshish. [Jonah 1:1-3 NLT \(Bible.com\)](#)

Look! The cry of the people of Israel has reached me, and I have seen how harshly the Egyptians abuse them. Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt.” But Moses protested to God, “Who am I to appear before Pharaoh? Who am I to lead the people of Israel out of Egypt?” [Exodus 3:9-11 NLT \(Bible.com\)](#) Then the Lord asked Moses, “Who makes a person’s mouth? Who decides whether people speak or do not speak, hear or do not hear, see or do not see? Is it not I, the Lord? Now go! I will be with you as you speak, and I will instruct you in what to say.” But Moses again pleaded, “Lord, please! Send anyone else.” [Exodus 4:11-13 NLT \(Bible.com\)](#)

Then I heard the Lord asking, “Whom should I send as a messenger to this people? Who will go for us?” I said, “Here I am. Send me.” [Isaiah 6:8 NLT \(Bible.com\)](#)

Sermon Insights:

This is the dangerous prayer we are going to pray this week: “Lord, send me!”

Jonah: “Here I am. I’m not going.”

Moses: “Here I am. Send someone else.”

Isaiah: “Here I am. Send me.”

Application (5 minutes)

The motivation Jonah expressed was hate. He simply did not want to be a part of the opportunity God was giving these cruel Assyrians to repent and be forgiven. Have you ever been offended by God’s generosity and willingness to be patient and forgive?

The motivation Moses expressed was inability. He struggled with speech and desperately wanted to stay in the background. God had different plans. Have you ever been surprised by what God is calling you to do?

The motivation for Isaiah to accept God’s call was threefold, and we’ll look at one each day for the next three days. What will it take for YOU to pray this prayer: “Lord, send me”?

Prayer (5 minutes)

Maybe you are ready to trust God and pray this dangerous prayer. If you are not yet ready, express that to God. Share your frustrations and fears, and ask Him to help you take your next step. Remember, sometimes God only shines just enough light for the step that you are on. When you trust and obey, he’ll illuminate the next step. He cares for you!

Day 2

S.O.A.P. – “Scripture, Observation, Application, Prayer”

Conversation Starter

Who knows the most about you? Who do you know the most about?

Scripture Observation (5 minutes)

Scripture:

It was in the year King Uzziah died that I saw the Lord. He was sitting on a lofty throne, and the train of his robe filled the Temple. Attending him were mighty seraphim, each having six wings. With two wings they covered their faces, with two they covered their feet, and with two they flew. They were calling out to each other, “Holy, holy, holy is the Lord of Heaven’s Armies! The whole earth is filled with his glory!” Their voices shook the Temple to its foundations, and the entire building was filled with smoke. Then I said, “It’s all over! I am doomed, for I am a sinful man. I have filthy lips, and I live among a people with filthy lips. Yet I have seen the King, the Lord of Heaven’s Armies.” Then one of the seraphim flew to me with a burning coal he had taken from the altar with a pair of tongs. He touched my lips with it and said, “See, this coal has touched your lips. Now your guilt is removed, and your sins are forgiven.” Then I heard the Lord asking, “Whom should I send as a messenger to this people? Who will go for us?” I said, “Here I am. Send me.” [Isaiah 6:1-8 NLT \(Bible.com\)](#)

O Lord, you have examined my heart and know everything about me. You know when I sit down or stand up. You know my thoughts even when I’m far away. You see me when I travel and when I rest at home. You know everything I do. You know what I am going to say even before I say it, Lord. You go before me and follow me. You place your hand of blessing on my head. Such knowledge is too wonderful for me, too great for me to understand! I can never escape from your Spirit! I can never get away from your presence! If I go up to heaven, you are there; if I go down to the grave, you are there. If I ride the wings of the morning, if I dwell by the farthest oceans, even there your hand will guide me, and your strength will support me. I could ask the darkness to hide me and the light around me to become night— but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you. [Psalms 139:1-12 NLT \(Bible.com\)](#)

Sermon Insights:

(1 of 3) To pray “Lord, send me!” we need to genuinely experience God’s presence!

God wants to cover you with his presence! When you draw near to God, he will draw near to you. It can be listening to worship music, praying with your child, etc. when you realize and feel the presence of God with you.

Application (5 minutes)

According to these Scriptures, God is always present, even when we are not aware. Dark clouds obscure the sun, but they do not stop it from shining. If your radio is broken, it does not mean that the airwaves are not full of radio signal. And once you tune in, you will hear what is already there loud and clear. What changes do you need to make so that you can experience what God wants to express?

Prayer (5 minutes)

As you spend a few minutes in prayer, here are a few ideas to “tune in” to God’s presence: 1) be honest about your feelings and thoughts, even if you don’t think God will approve (trust that he cares about you); 2) be still; 3) read back the Scripture to him and personalize it.

Day 3

S.O.A.P. – “Scripture, Observation, Application, Prayer”

Conversation Starter

Do you tend to compare yourself to others? Why or why not?

Scripture Observation (5 minutes)

Scripture:

It was in the year King Uzziah died that I saw the Lord. He was sitting on a lofty throne, and the train of his robe filled the Temple. Attending him were mighty seraphim, each having six wings. With two wings they covered their faces, with two they covered their feet, and with two they flew. They were calling out to each other, “Holy, holy, holy is the Lord of Heaven’s Armies! The whole earth is filled with his glory!” Their voices shook the Temple to its foundations, and the entire building was filled with smoke. **Then I said, “It’s all over! I am doomed, for I am a sinful man. I have filthy lips, and I live among a people with filthy lips. Yet I have seen the King, the Lord of Heaven’s Armies.”** Then one of the seraphim flew to me with a burning coal he had taken from the altar with a pair of tongs. He touched my lips with it and said, “See, this coal has touched your lips. Now your guilt is removed, and your sins are forgiven.” Then I heard the Lord asking, “Whom should I send as a messenger to this people? Who will go for us?” I said, “Here I am. Send me.” [Isaiah 6:1-8 NLT \(Bible.com\)](#)

You adulterers! Don’t you realize that friendship with the world makes you an enemy of God? I say it again: If you want to be a friend of the world, you make yourself an enemy of God. Do you think the Scriptures have no meaning? They say that God is passionate that the spirit he has placed within us should be faithful to him. And he gives grace generously. As the Scriptures say, “God opposes the proud but gives grace to the humble.” So humble yourselves before God. Resist the devil, and he will flee from you. Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world. Let there be tears for what you have done. Let there be sorrow and deep grief. Let there be sadness instead of laughter, and gloom instead of joy. Humble yourselves before the Lord, and he will lift you up in honor. [James 4:4-10 NLT \(Bible.com\)](#)

Sermon Insights:

(2 of 3) To pray “Lord, send me!” we need a genuine awareness of our sinfulness.

One of Satan’s greatest tactics is to water down our attitude toward sin. Sin is serious business – not to be casually or flippantly excused – because sin separates us from God.

Without Jesus, we are not good...we are sinners without hope. It was when Isaiah saw the holiness of God that he recognized just how sinful he was.

Application (5 minutes)

Do you feel you have a genuine awareness of your sinfulness?

Do you feel you are MORE or LESS aware than you were a year ago?

Have you accepted God’s forgiveness?

Prayer (5 minutes)

As you pray for a few minutes, consider our acronym PRAY: Praise, Repent, Ask, Yield. Consider asking God what he wants you to repent of as you turn back to Him.

Day 4

S.O.A.P. – “Scripture, Observation, Application, Prayer”

Conversation Starter

What is something that never ends?

Scripture Observation (5 minutes)

Scripture:

It was in the year King Uzziah died that I saw the Lord. He was sitting on a lofty throne, and the train of his robe filled the Temple. Attending him were mighty seraphim, each having six wings. With two wings they covered their faces, with two they covered their feet, and with two they flew. They were calling out to each other, “Holy, holy, holy is the Lord of Heaven’s Armies! The whole earth is filled with his glory!” Their voices shook the Temple to its foundations, and the entire building was filled with smoke. Then I said, “It’s all over! I am doomed, for I am a sinful man. I have filthy lips, and I live among a people with filthy lips. Yet I have seen the King, the Lord of Heaven’s Armies.” **Then one of the seraphim flew to me with a burning coal he had taken from the altar with a pair of tongs. He touched my lips with it and said, “See, this coal has touched your lips. Now your guilt is removed, and your sins are forgiven.” Then I heard the Lord asking, “Whom should I send as a messenger to this people? Who will go for us?” I said, “Here I am. Send me.”** [Isaiah 6:1-8 NLT \(Bible.com\)](#)

If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts. [1 John 1:8-10 NLT \(Bible.com\)](#)

The Lord is compassionate and merciful, slow to get angry and filled with unfailing love. He will not constantly accuse us, nor remain angry forever. He does not punish us for all our sins; he does not deal harshly with us, as we deserve. For his unfailing love toward those who fear him is as great as the height of the heavens above the earth. He has removed our sins as far from us as the east is from the west. The Lord is like a father to his children, tender and compassionate to those who fear him. For he knows how weak we are; he remembers we are only dust. Our days on earth are like grass; like wildflowers, we bloom and die. The wind blows, and we are gone— as though we had never been here. But the love of the Lord remains forever with those who fear him. His salvation extends to the children’s children of those who are faithful to his covenant, of those who obey his commandments! The Lord has made the heavens his throne; from there he rules over everything. [Psalms 103:8-19 NLT \(Bible.com\)](#)

Sermon Insights:

(3 of 3) To pray “Lord, send me!” we need a genuine understanding of God’s grace.

In the same way the coal touched Isaiah’s lips, the blood of Jesus cleanses us from our sins.

Application (5 minutes)

There are two extremes that people sometimes embrace. One is the “everything is fine, sin is a myth, I’m fine” approach, and the other is “I’m guilty, all is lost, there is no hope.” Amazingly, though we are sinful and deserve to be punished, God put that punishment on Jesus instead. God doesn’t minimize sin; he pays for it so he can forgive us and make us new. How does this help you think about God? Yourself?

Grace...undeserved kindness...do you believe God is grace-filled? Do you believe you need grace?

Prayer (5 minutes)

As you pray for a few minutes, be honest with God about where you are at. Thank Him for his faithfulness and kindness to you!

Day 5

S.O.A.P. – “Scripture, Observation, Application, Prayer”

Conversation Starter

What is something you have added or removed from your daily routine over the last couple of months? Are you happy about the change?

Scripture Observation (5 minutes)

Scripture:

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. But when you are directed by the Spirit, you are not under obligation to the law of Moses. When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things! Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. Let us not become conceited, or provoke one another, or be jealous of one another. [Galatians 5:16-26 NLT \(Bible.com\)](#)

The "Lord's Prayer" – Jesus said, "Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one. For yours is the kingdom and the power and the glory forever. Amen." [Matthew 6:9-13 NLT \(Bible.com\)](#)

Sermon Insights:

What we nurture, thrives. What we starve, dies. It's that simple.

"Here I am God, send me!"

Application (5 minutes)

What passion or desire of your sinful nature do you need to "nail" to the cross of Jesus?

Are you giving God permission to produce the "fruit of the Holy Spirit" in your life?

What are you nurturing in your life? What are you starving?

What is your favorite part of the "Lord's Prayer"?

Prayer (5 minutes)

Consider praying the Lord's Prayer (the last Scripture). Pray a prayer of thanks for what God has already done, and pray a prayer of dependence as you rely on God to continue to challenge and change you!